WATTS
SCHOOL
OF
NURSING

Beverly Smith

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The

White Cap

Watts School of Nursing

Durham, N. C.

1987

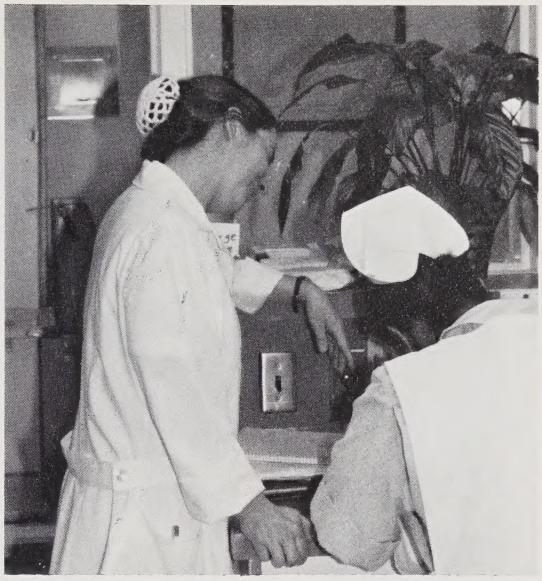
Advisor: Gail Pruett
Editor: Lisa Brooks

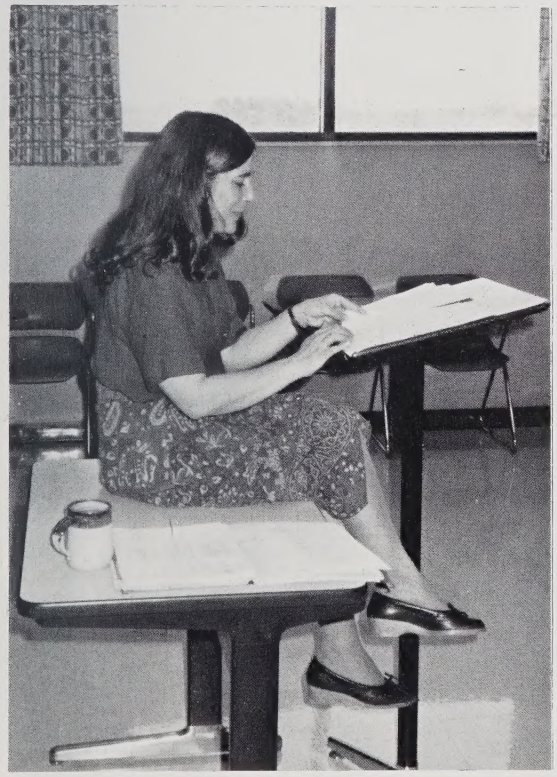
Dedication

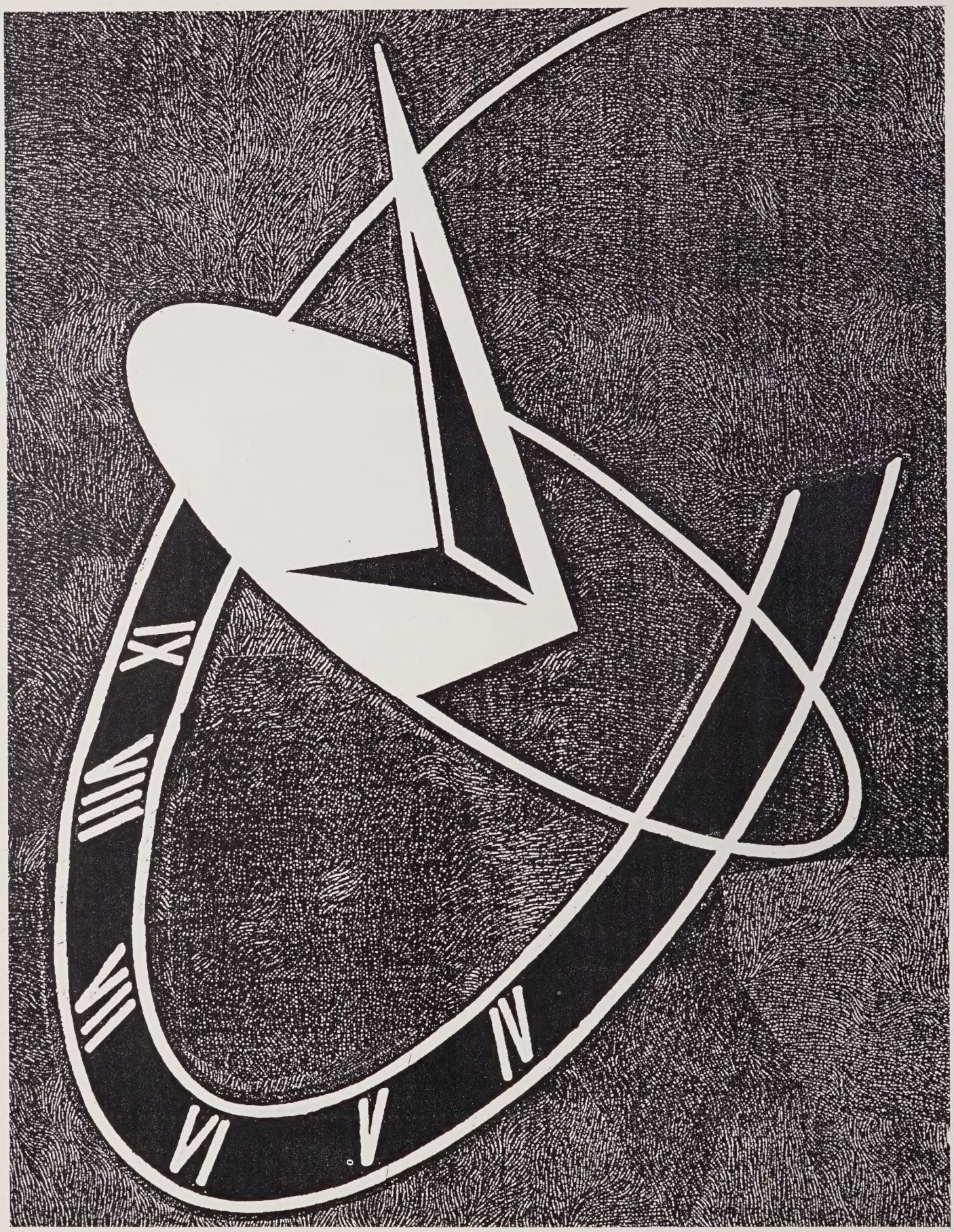
The mark of a saint is not perfection, but consecration. A saint is not a man without faults, but a man who has given himself without reserve to God.
—-Brooke Foss Westcott

Mrs. Donna Rogers with all of her dedication and hard work has instilled in her students a sense of pride and desire to become the best nurses they can be. She shows such enthusiasm for her work that her students cannot help but become enthusiastic about learning. She welcomes each first level student into her class, and helps them on their way with Fundamentals.

Mrs. Rogers knows what it is like to be in school for she has just completed her Masters Degree in counseling at Campbell University. She has taught at Watts for the last fourteen years. Much of her spare time is spent keeping up with her daughter, Karmin, working in her herb garden, grooming their horse, Joe, and helping her husband, Ed at the store.






XI
III
VI
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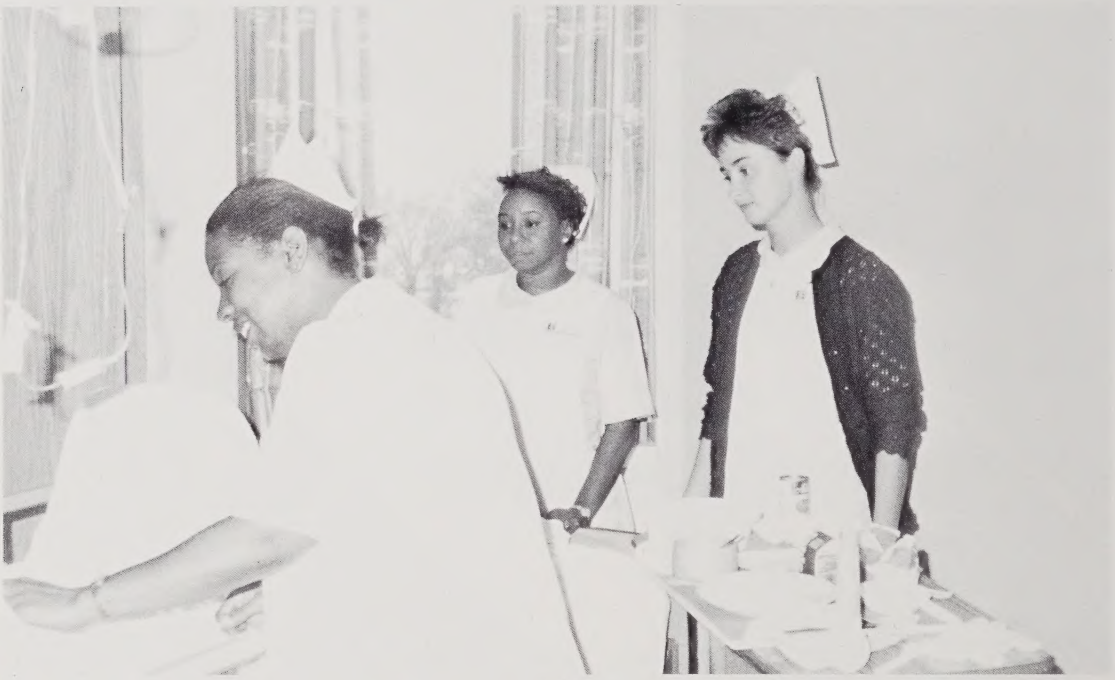
IV

CHANGING TIMES

TIME for

LISTENING



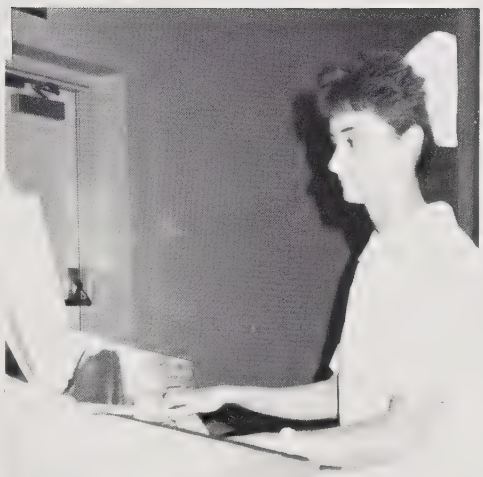
Class officers:	Renée Huff	President
	Sabrina Pittman	Vice President
	Bessie Cozart	Secretary / Treasurer
Class Flower:	yellow rose	

Bessie Cozart

Renée Huff

Sabrina Pittman

First Level



We had all come from different backgrounds, with some of us having more experience in nursing than others. Most of us had had experience with much larger classes in our high schools, colleges, and nursing schools. What a surprise to find there were only three of us!

As we settled into the semester, we learned new skills and what professional nursing, seminars, the nursing process, and the use of self were all about. We tried to juggle work, school, and time for ourselves. We struggled again and again to understand a new concept, do math, and give an injection correctly. We built on courses in chemistry, math, A & P, and growth and development; wondering how we would ever remember all of that material, plus the new stuff, too. For some of us, we had to relearn what we thought we knew or breeze through information and skills that were familiar. And, we thought over and over, "Will this semester never end?" As we did all of these things, our group solidified, finding out about the similarities and differences in each other.

Finally, everything changed with the semester that did end. The feelings of pride and success and knowing that "we've made it!" have made all of the difference.

Whoops! The Wrong First Level Class!

TIME for LEARNING

Class officers:	Lisa Aills	Treasurer
	Diane Jacobs	Secretary
	Lisa Gay	Vice-President
	Pamela Walker	President
Advisor:	Donna Rogers	
Motto:	"What lies before us and what lies behind us are tiny matters compared to what lies within us." —-unknown	
Class flower:	Purple Iris	

2nd Level-1st Semester

"A Time for Everything"

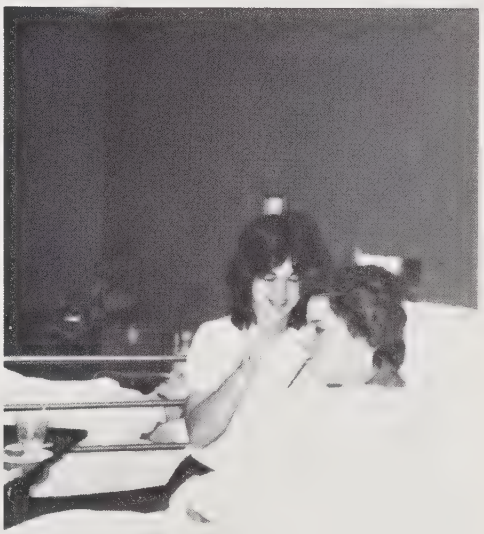
"There is a time for everything, and a season for every activity under heaven: a time to be born and a time to die, a time to plant and a time to uproot, a time to kill and a time to heal, a time to tear down and a time to build, a time to weep and a time to laugh, a time to mourn and a time to dance, a time to scatter stones and a time to gather them, a time to embrace and a time to refrain, a time to search and a time to give up, a time to keep and a time to throw away, a time to tear and a time to mend, a time to be silent and a time to speak, a time to love and a time to hate, a time for war and a time for peace."
(Ecclesiastes 3:1-8)

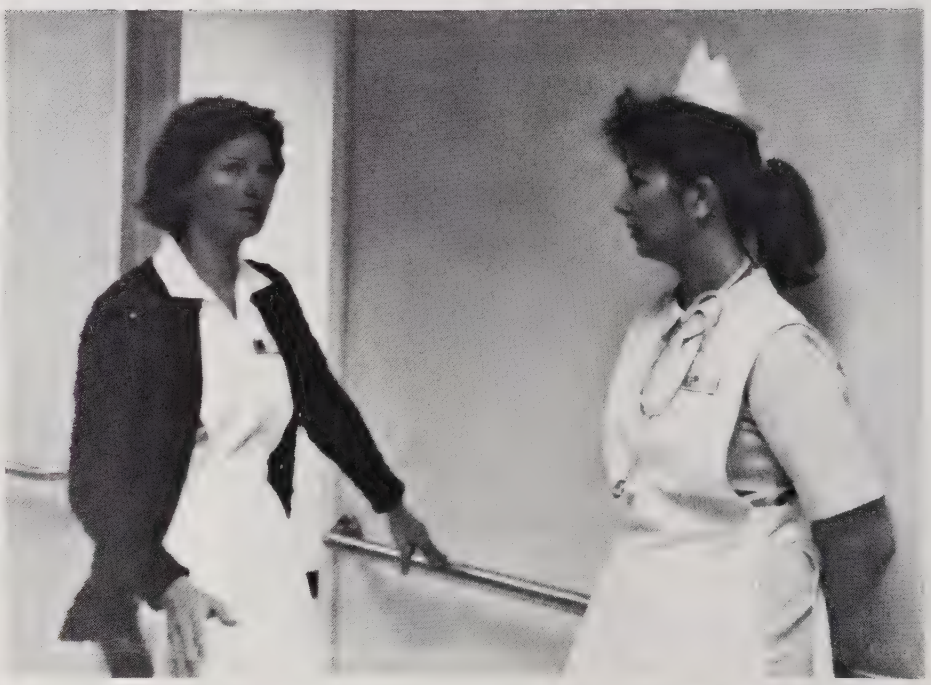
There is also a time for change. Sometimes changes come easy and sometimes changes are hard to accept. It has been a year of change for Watts. The retiring of an old but useful curriculum and the birth of a new one has brought feelings of contention and glee. For our class, May 1988, it has meant many hours of studying just to find out our books were all different, many hours of writing papers and having them be pass/fail and not graded, and many hours of worrying over a PCA that never was to be. It has also made us more aware of our responsibilities as nurses and one of those is to be flexible. Just as time changes, we too must change for change brings with it new opportunities for growth and adventure.

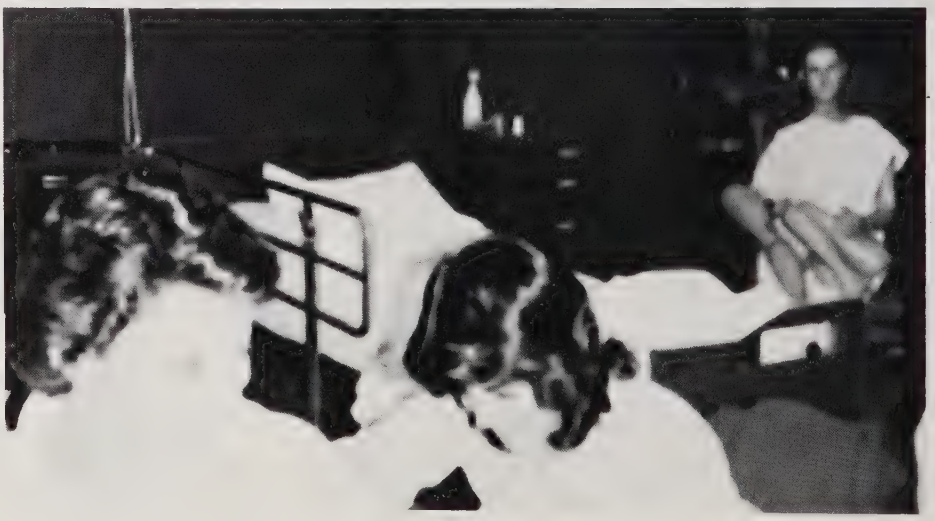
Lisa Aills
Lisa Gay
Diane Jacobs

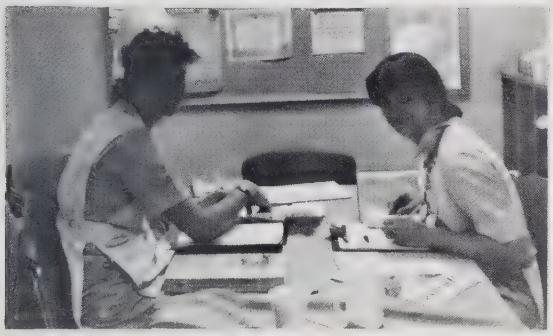
Lisa Brooks
Jonnie Hatley
Pamela Walker

George W. Watts
Memorial Building

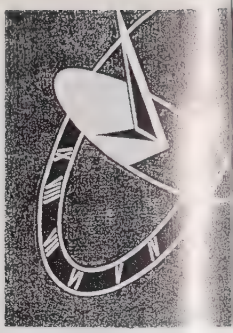








Time for



Class Officers:	Tanya Howell	President
	Melissa Jeans	Vice-President
	Joyce Pusel	Secretary
	Beulah Daniel	Treasurer

Advisor: Susan MacVicker

Motto: "Each friend represents a world in us, a world possibly not born until they arrive, and it is only by this meeting that a new world is born."

—Anais Nin

Class flower: Peace Rose

A F L Y I N G

2nd Level-2nd Semester

Judy Coley
Beulah Daniels

Robyn Davis
Melissa Jeans

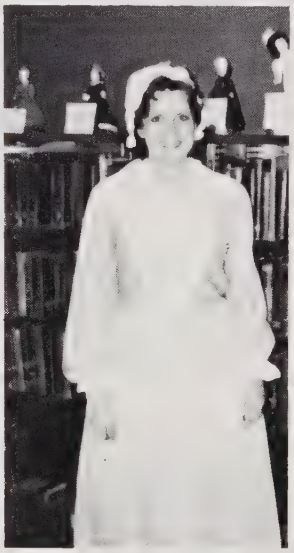
Tanya Howell
Joyce Pusel

"But times so change and move continually."
—Edmund Spenser
"The Faerie Queen 1591"

The last Tango?

This is enough to make my BP rise!

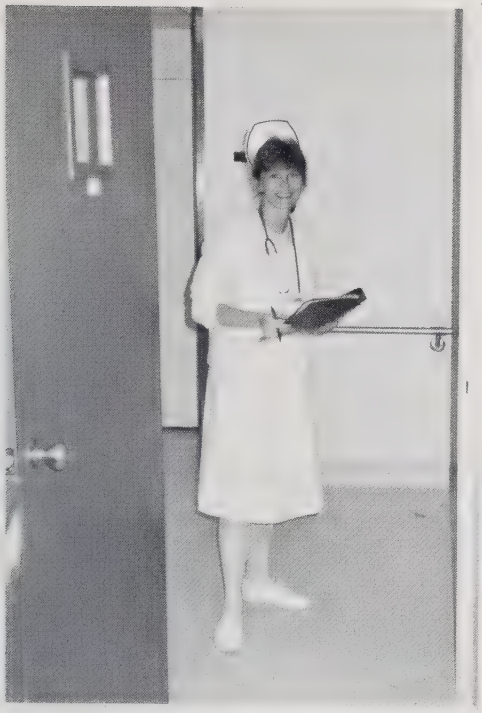
Is this really me?

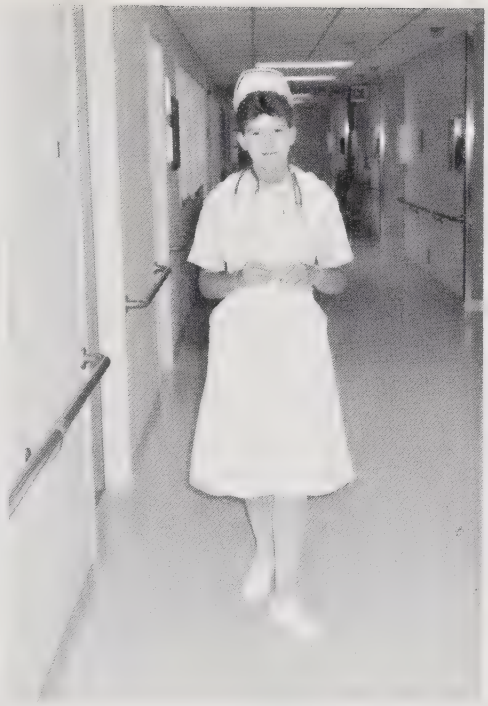


Eat your heart out Flo!

And that's the way it was!

The gang's all here!





Fun on 4-3!

Ms. Smith helping out in clinical.

Is this the correct dosage?

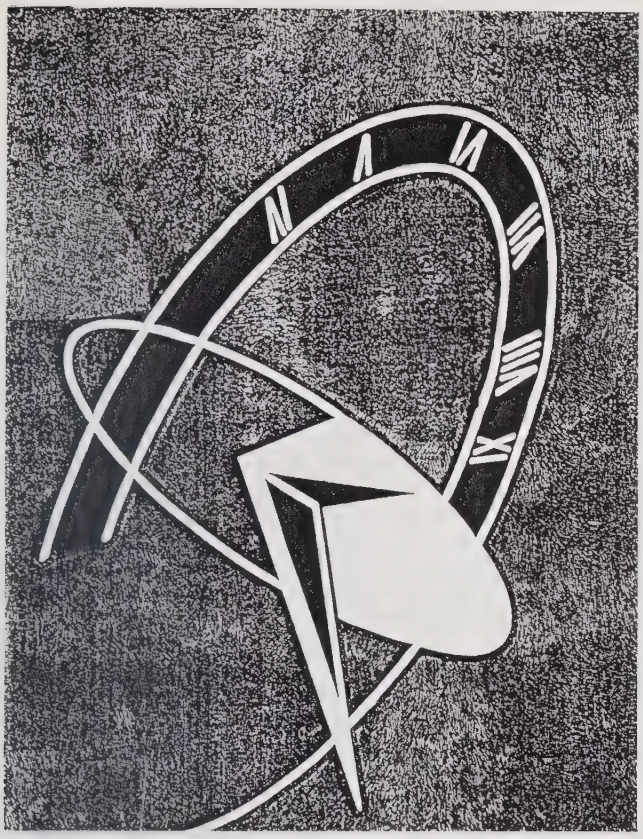
What's that baby's Apgar?

Inspiration and dedication.

Off in their own worlds.

Melissa, looking on a senior with envy.

All smiles!



As I Go On My Way

My life shall touch a dozen lives before this day is done,
Leave countless marks for good or ill ere sets the evening sun:
So this the wish I always wish, the prayer I ever pray,
Let my life help the other lives it touches by the way.

—-Strickland Gillilan

TIME for LIVING

Senior Class Officers

Class Officers:	Shelby Pollard	Vice-President
	Kathy Pierce	Treasurer
	Effie Bason	President
	Rhonda Easton	Secretary

Class motto: We find our own individual freedom by choosing not a destination but a direction.
—Marilyn Ferguson

Class Flower: Lavendar Iris

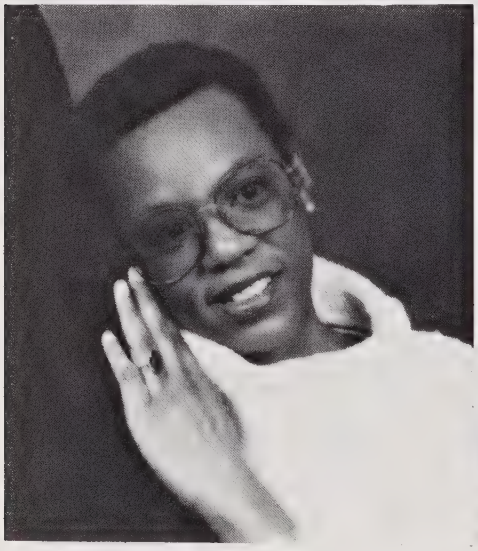
Class Advisors: Maureen Lehane
Connie Suprono

Deborah H. Barnett
Cynthia R. Currin

Effie K. Bason
Rhonda L. Easton

Dorothy Bridgers
Amy H. Ferguson

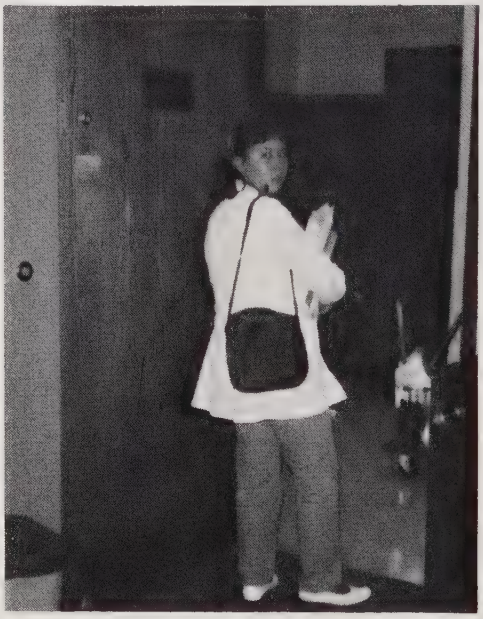
For the last three years, seniors have undergone a major change. When we first came to Watts, we were the last class of the three year program. We knew we wanted to be nurses, but we were unsure how we would ever become one. As time went on, we learned the basics of caring for our patients. In January we had earned our caps, and we began to look like a nurse. Then came our Junior year. We became more specialized by caring for medical, surgical, obstetrical, and pediatric patients. (And we thought our freshmen year was tough!) During the middle of that year our class grew, when the accelerated LPN's joined us. Finally May came and we were Black Banded. We were now seniors and were given even more resonsibility. We worked with the critically ill and with patients who were mentally and emotionally ill. Our last clinical rotation was leadership and management. During this time we were co-charge with nurses on the floor, and we were given the opportunity to explore community nursing. There was also that research paper! After writing, proofreading, re-writing, and typing, we all produced a paper we could be proud of. On May 15, 1987, we graduated. It happened! Over the last three years, we had grown, developed, and changed into nurses. Our dreams were now reality.



Sarah H. Fletcher
Bessie B. Joyner

Lynelle D. Fox
Sherry L. Lankford

Jan E. Furlow
Susan J. Matzke



Kathy T. Pierce
Cynthia L. Stover

Shelby C. Pollard
Sue C. Wilkinson

Dawn Roberson
Corby L. Williams

Not pictured:
Lynne P. Baker
Delaine M. Chambers
Norma M. Cooley
Carolyn B. Dunmore
Crystal Dunn
Beverly B. Hargis
Johanna P. Kitchen
Wendy A. McFarland
Vickie L. Moore

Caught ya!

Here . . . . . 's
Dorothy!

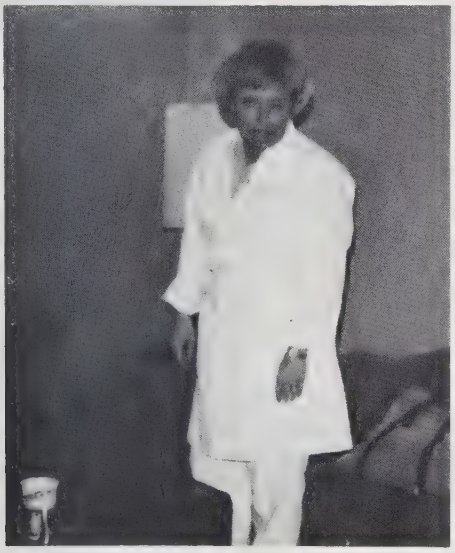
Catch it!

Self
Explanatory!

Just fooling around . . . .

This is how you do it guys!

Most rest I had since I started nursing school.

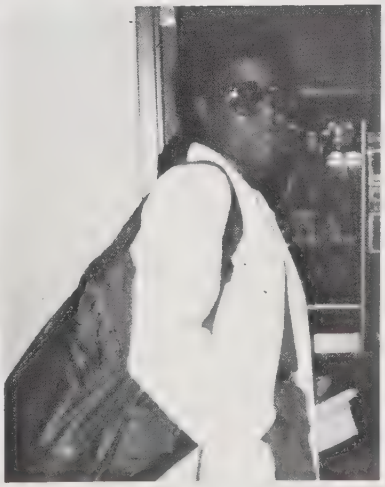


Preclinical blahs!

Labs

1 and 2 and 3 and . . .hum.

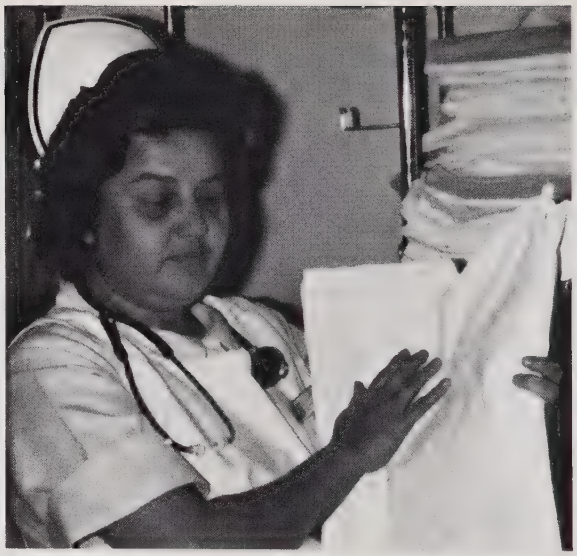
Help, Help me Cindy!



Snack Time

Clinical days

Come on guys quit fooling around!



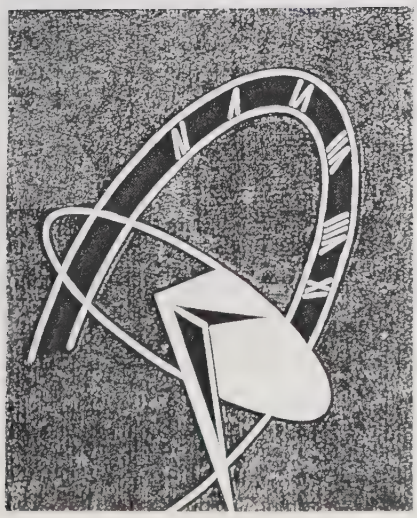
Bed time !

O. K. this is how you do it . . . ..

E. T. C.!

Research; research; and more research.

TIME for TEACHING



ONE CANDLE

A candle is a small thing.
But one candle can light another.
And as it gives its flames to the other, see how
its own light increases!
Light is power to dispel darkness.
You have this power to move back the
darkness in yourself and in others
with the birth of light created when
one mind illuminates another, when
one heart kindles another, when one
man strengthens another.
And its flame also enlarges within you as you
pass it on.

The Eternal Light

Marie Robeson
Vice-President of Nursing

Beverly Smith
Director of Education

Greta Brooks
Assistant Director of Education

Administration

Getting ready to eat!

Now, there's a smile!

Relaxing with the faculty.

Gone are the days of classes thirty to seventy students big, easy recruitment, working with three to six other instructors in one course, halls full of activity, enthusiastic school spirit, and active extra curricular involvement with students. Also gone are the days when a BSN for teaching was satisfactory, "Diploma Education in Nursing" were sacred words, job security was guaranteed, and cash flow was adequate.

What we have now are a core of hardworking, dedicated people. There is an increased closeness among those who are here; an opportunity for creative ideas and new directions for the School; and more educationally prepared faculty with Masters in Nursing, Education, and Arts. Computers and Computer Assisted Instruction are the passwords. Administrators have the task of balancing stiffer budgeting with marketing competitively while the recruiter has the challenge of enticing more and different types of students to our program. For the secretaries, there is assisting these non traditional students and typing for the revised curriculum. Through all of this we realize, "These are changing times!"

Pamela Aldridge
Co-ordinator of Recruitment

Teresa Williams
Secretary

Phyllis Murphy
Secretary

Ancillary Staff

Priscilla Hoover
Librarian

Gladys Hobbs
Library Assistant

Faculty

Peggy Baker
Medical-Surgical Nursing

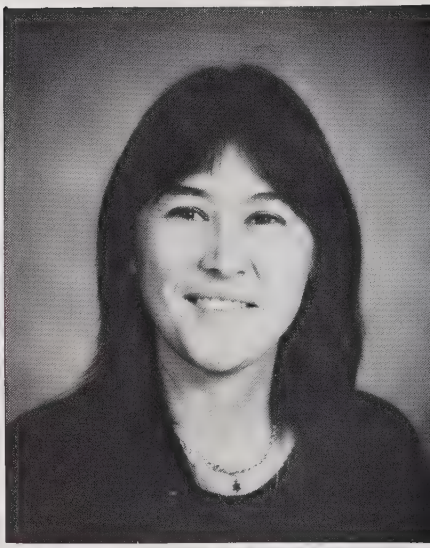
Julia Cavender
Pediatric Nursing

John Chase
Medical-Surgical Nursing

Barbara Davis
Medical-Surgical Nursing

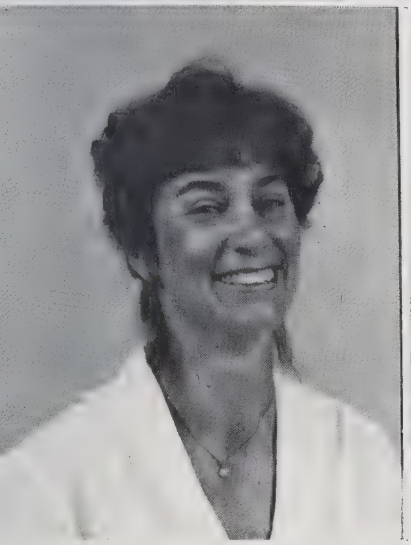
Linda Delbridge
Medical-Surgical Nursing

Betty Faulkner
Nursing Issues and Research



Maureen Lehane
Medical-Surgical Nursing

Peggy MacAskill
Medical-Surgical Nursing



Susan MacVicker
Psychiatric-Mental Health Nursing

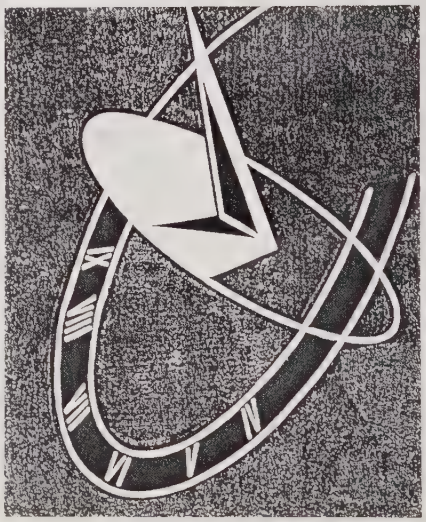
Gail Pruett
Psychiatric-Mental Health Nursing

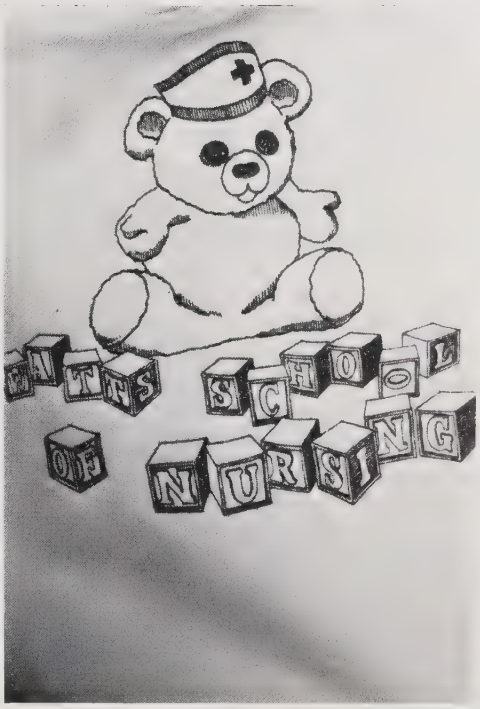
Donna Rogers
Fundamentals of Nursing

Connie Suprono
Medical-Surgical Nursing

Not Pictured:
Anne Carroll
Obstetrical Nursing

TIME for LAUGHING





FUND RAISING

CHRISTMAS DANCE

For the second year in a row, Teddy's Lounge at the Holiday Inn on 15-501 was the scene of the second annual Christmas Dance. Lots of music, dancing, food, and fun kept people going until early morning. Susan MacVicker led the enthusiastic through many group dances, while others opted for more romantic duos. Conversation was impossible; but, laughter, singing, and shouting made up for it. Many thanks to Linda Peacock and her social committee for a great time!

CAROLING

Gathered in the cafeteria, with Wendy McFarland dressed as "Flo", another evening of Christmas caroling had begun. "Which floor do you want to go to?" "Are these all of the songs?" "My lamp won't light!" were exclaimed. As everyone was settled, and the processions wound their ways through the hospital halls, sweet sounds of carols could be heard. Smiles, "Thank - You's", and "Merry Christmas!" were shared by entertained patients. Then, as the carolers circled around the Christmas tree in the front lobby, more joyous songs floated in the air . With all of that singing, everyone was hungry. Where else to go but back to the cafeteria for the traditional donuts and hot chocolate?!

Spring Picnic—

——an annual tradition, with hot dogs, hamburgers, and lots of dessert! Sarah Fletcher donated her spacious backyard and her husband, Bob, who graciously cooked all of that delicious food!

In times past, there has also been student/faculty skits and the transition from old to new Student Body Officers. This year, everybody just decided to unwind and socialize after the long, difficult schedule of classes. It was nice to relax and soak up the rays, without anything to do, at least for a few hours.

"There are two ways of spreading light; to be the candle or the mirror that reflects it."

—Edith Wharton

Black Banding

In the past, April was traditionally the month the rising senior class received a narrow black band on their caps, symbolizing their progress through two years of nursing school. This tradition began in 1937. At that time, someone special, such as a big sister/brother, a close friend, or a professional role model black banded each junior. In 1943, the Annie Bust was introduced into the ceremony; passed along thereafter from year to year to the two closest roommates in the rising senior class. And, Santa Filomena, described on page 45, tapped its members during this occassion. Today, the tradition is much the same; although, now there are two ceremonies, one in December and one in May. Since the curriculum has been revised, students are now banded after their second semester. Annie is no longer present. She was retired in 1985. But, Santa Filomena still taps its new members. And, since Watts moved into its new building, the reception is held in the Hospital cafeteria.

The pictures on this page are of the May ceremony. Unfortunately, there are no pictures from the December Black Banding.

Jonnie Hatley being banded by her friend, Robyn.

Bonnye McLester bands student Pam Walker.

Lisa Aills, shown here as a marshall for the December Black Banding, was banded herself in May. Judy Coley and others follow Lisa to be banded last winter.

Diane Jacobs, receiving her band from former graduate, Renée Elliott.

Susan MacVicker, Reverend Aills, and Dr. Weng listen as Wendy McFarland leads the ceremony.

Senior Alumnae Banquet

Each year, the Watts Alumnae Association honors the graduating seniors at a banquet. This year was no exception. The event was held at the Sheraton University Inn on Morreene Drive. It was a fun-filled time, with an entertaining and inspiring speaker, moving awards' presentations (Norma Cooley received the Burke Matthews Award, Deborah Barnett the Beulah Owens Award, and Susan MacVicker the faculty Lois Cox Award), tallies of past graduates, and friendly competition for door prizes.

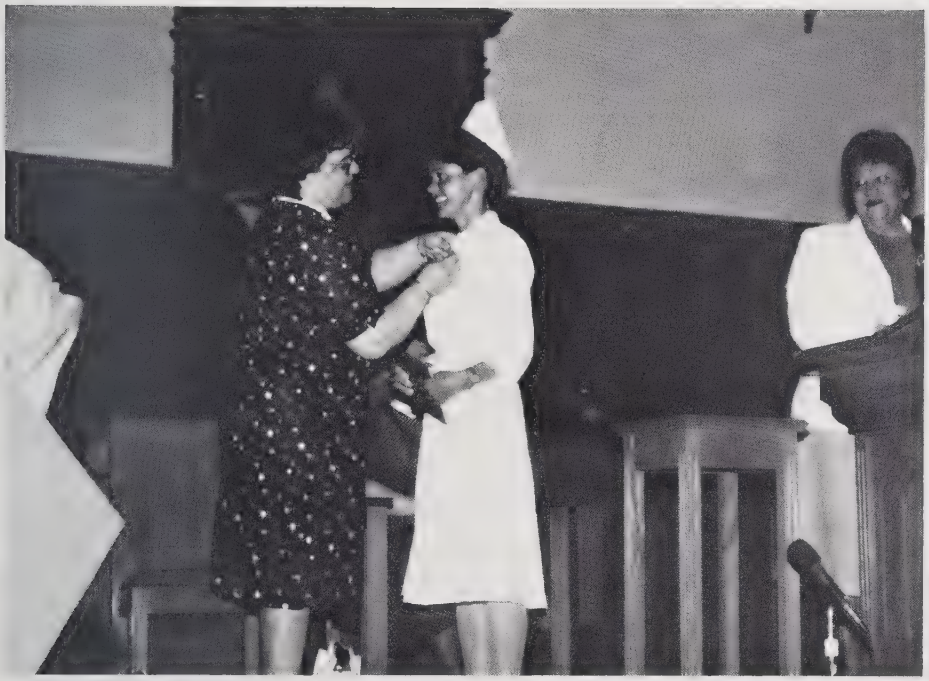
Graduation

Some things never change - and that includes the hope, joy, sadness, relief, and regret that accompanies graduation: hope for a good job and passing Boards, joy for accomplishing so much, sadness for leaving friends, relief for finishing all that hard work, and regret for those days, people, and experiences that will never come again. After the intense work and struggle of the past three years, many graduates found it hard to believe the end of their basic nursing program was really here . . . but, it was! With everyone gathered to share in the ceremony and good will, the tradition of graduation carried on.

Then, the shouts and whistles moved people along to the real celebrating as family and graduate hugged, cried, and laughed together at the reception. Durham County's standard fare of nuts, mints, petit fours, and punch brought the Watts experience to a close.

Getting ready with a smile.

Sue, looking solemn and purposeful.



This is the moment I've been waiting for!

The Senior Class
of
Watts School of Nursing
announces its
Commencement Exercises
Friday evening, May fifteenth
Nineteen hundred eighty-seven
seven-thirty o'clock
Guess Road Baptist Church
Durham, North Carolina

Reception immediately following ceremony

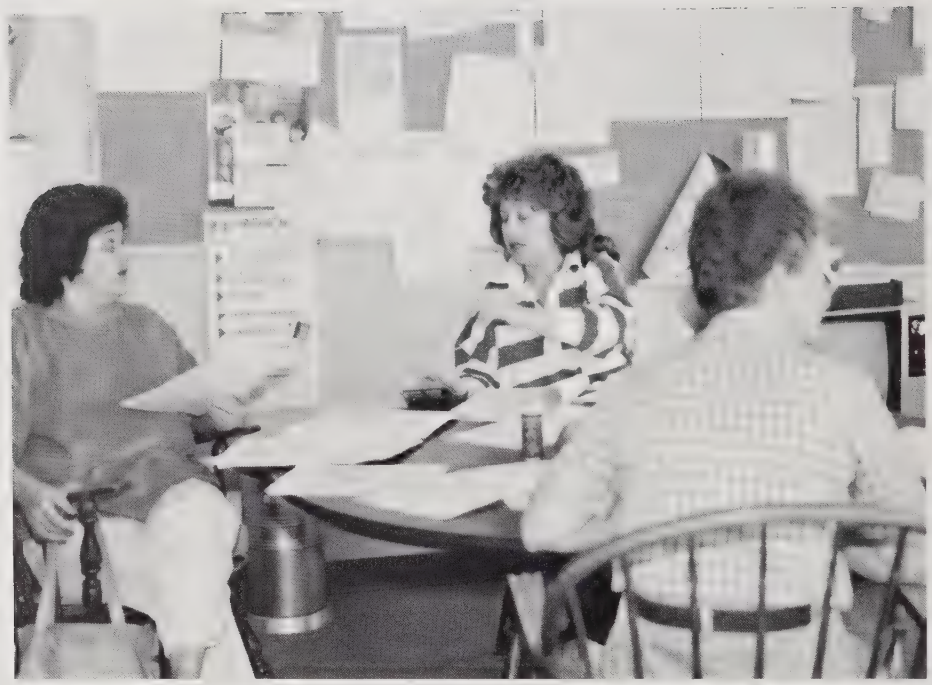
An earlier congratulations from Amy.

Smiles and relief . . . It's over!

One last official portrait.

Time for

ORGANIZING



Santa Filomena

Incoming Members

Joyce Pusel

Lisa Aills

Melissa Jeans

Outgoing Members

Deborah Barnett, First Lady; Corby Williams, Jo Kitchen, Wendy McFarland, Effie Bason.

Lisa Aills is tapped by outgoing members.

This outstanding group of women were tapped for their scholastic, professional, and personal achievement. The students are chosen from the rising third semester class at the December and May Black Bandings. While selection for membership is often difficult because many students qualify and there are limited positions available in Santa Filomena, these particular women have distinguished themselves by service and leadership.

Student Body

The monthly meetings may have been small in attendance, but a lot was accomplished throughout the year. Over two thousand dollars was raised through the yardsale, sweatshirt sale, and yearbook ads. Fun activities, such as the fall and spring picnics and the Christmas Dance helped make the school year easier and more bearable. Christmas caroling gave service and joy to the hospital in a way different from dailey patient care.

It was sad that the enthusiasm, interest, and participation of former years was missing from many of the events. But, times-are-a-changing! Now, so many students have to juggle heavy study loads, class schedules, families, homes, and work situations, leaving less time and energy for extra curricular activities. It's impossible to fit everything in. So, some of the closeness and expectations of the past have to be given up for fuller lives.

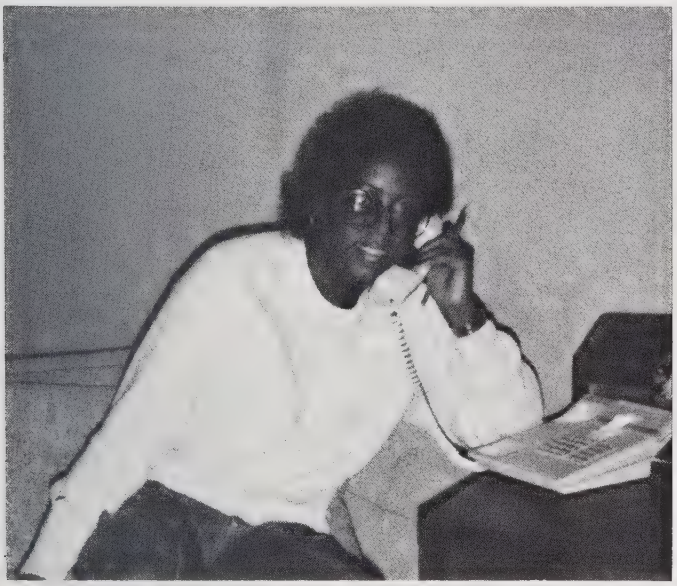
Officers: Tanya Howell, Treasurer; Cynthia Currin, Secretary; Amy Ferguson, Vice-President; Wendy McFarland, President.

I WILL DO IT: It is easy to say, "somebody ought to do that." But the way to get the job done is to say, "I'm going to do that." My being smart enough to see what should be done is a pretty good sign that I'm big enough to do it.

I should take the initiative. It won't do any good to visualize an oak unless I plant an acorn. I must take action. Move. Nevertheless, I should be deliberate, not "rush in where angels dare to tread"; but where angels lead, I should walk in with my eyes open and my sleeves rolled up.

Vision, action, accomplishment, this is the pattern of fortune.

Leroy Brownlow



Making big plans for the social committee.

Peggy Baker, Advisor

Gail Pruett, Advisor

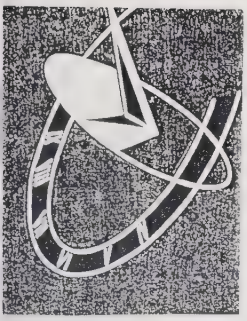
White Cap

The yearbook staff spent much time in planning, discussing, deciding on a theme and layouts, writing copy, and hounding people for photos. We were very discouraged with the lack of interest and envolvement by those who originally said they would help. Very few people actually came to meetings, took photographs, wrote copy, or completed lay-outs. So, at the end of the year, when everyone had left for the summer, the three of us were left to complete these sixty pages.

There were people who contributed their time and effort, and, we heartily wish to thank them: Jerry Morgan, Herff-Jones service representative; Lisa Gay, Tanya Howell, and Norma Cooley.

We all hope you enjoy the book!

Sincerely,
Lisa Brooks, Lisa Aills, and Gail Pruett



AS DE VM EE RN TT IS -

A NURSE'S PRAYER

As I care
for my patients today
Be there with me
O Lord I pray.
Make my words kind
—it means so much.
And in my hands
place your healing touch.
Let your love shine
Through all that I do.
So those in need
may hear and feel you.

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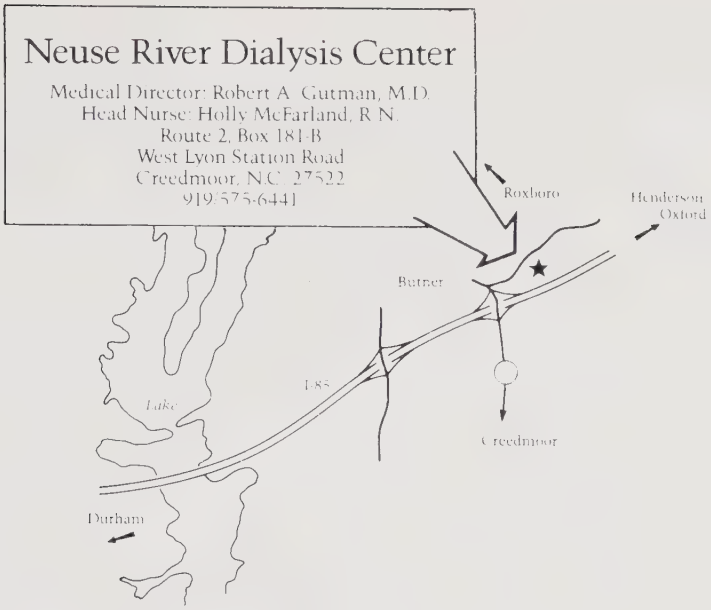

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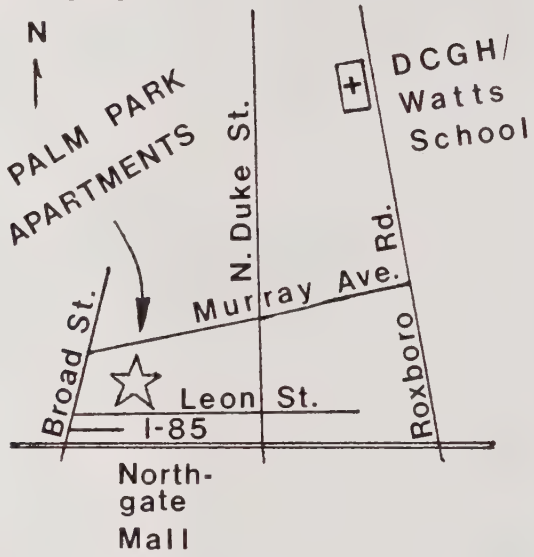

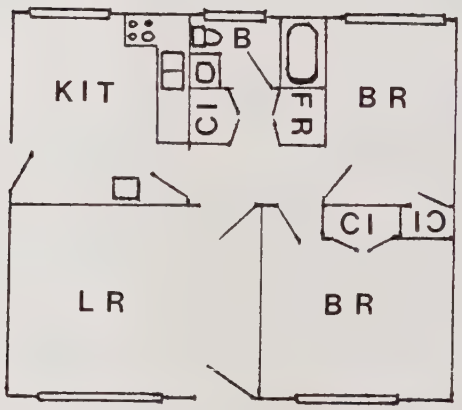

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Mother,

We're all proud of you and your accomplishments and achievements. It took a lot of will power to run a household and keep your nose in the books for three straight years!
CONGRATULATIONS!!

The Happiest Sons in the World,
Todd, Ryan, Scott & Chris Wood

Linda P.:

Good luck next year! We're going to miss you. Thanks for all of your help and encouragement over the past three years. You are a great nurse and an excellent friend!

WE LOVE YOU,
The CLASS OF '87

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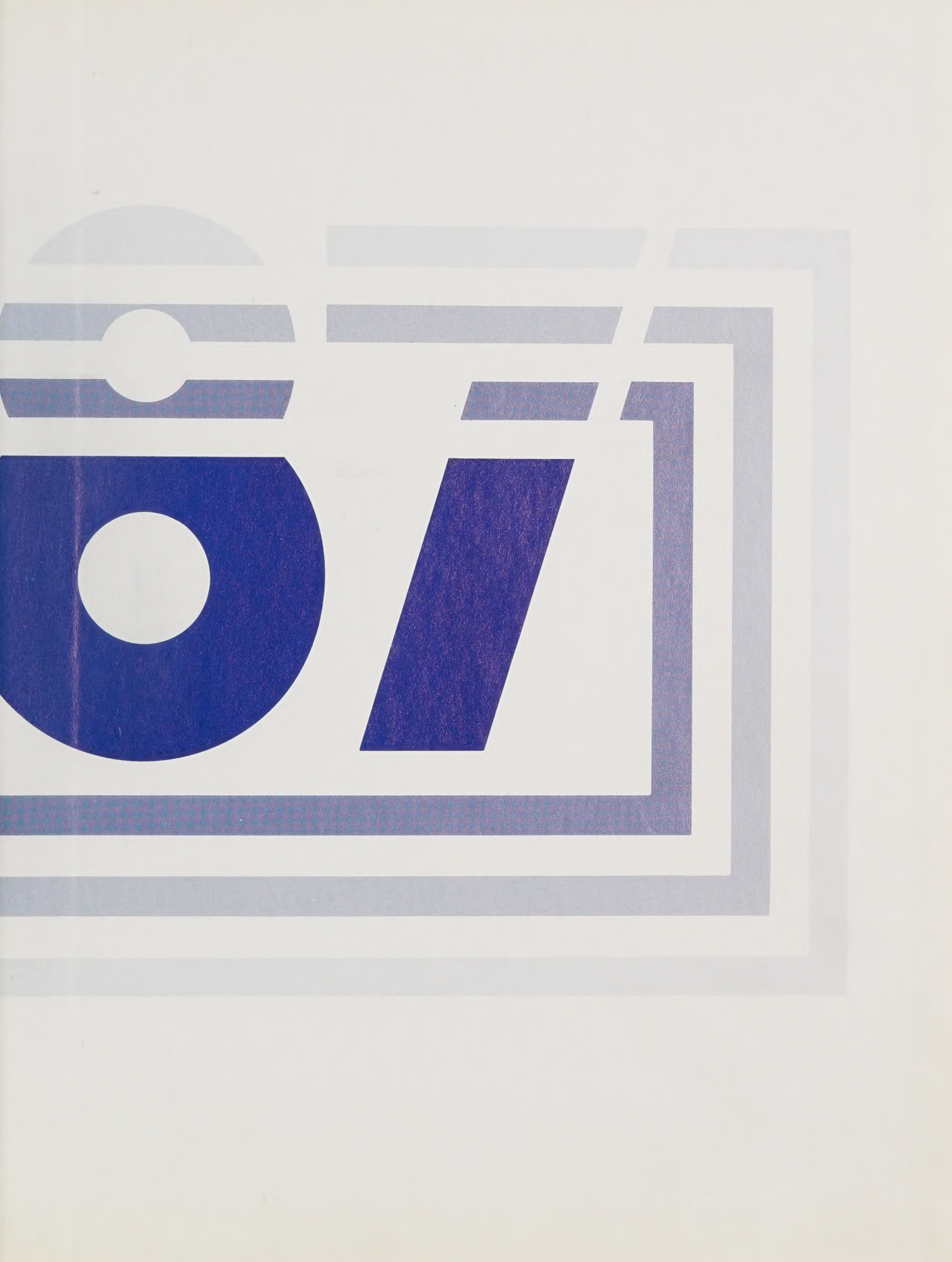
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